



HEALTH DEPARTMENT

Public Health Unit

DIRECTOR OF PUBLIC HEALTH- Linda Beers, MPH
DIRECTOR OF HEALTH PROMOTION &
PLANNING- Jessica Darney Buehler, MPH

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FOR IMMEDIATE RELEASE

For More Information:

Andrea Whitmarsh – Program Coordinator, Essex County Health Department

518-873-3546 | andrea.whitmarsh@essexcountyny.gov

Community Baby Shower "Huge Success," Connects Families with Support and Resources

Elizabethtown, NY. The Essex County Health Department (ECHD) is proud to announce the success of its inaugural Community Baby Shower. Held on Monday, August 4, 2025, at the Social Center in Elizabethtown, the event was designed to support expecting parents/caregivers and families with infants under one year old by connecting them with local resources and health education. The positive reception has set a strong foundation for future gatherings.

The "Growing Together" themed event drew nearly 50 new and expecting parents from all corners of the county. A key feature was the participation of over a dozen community partners and organizations, who were on-site to share information and resources directly with attendees. This collaborative effort provided a wide range of services and activities, including safe infant practices, car seat safety checks, lactation support, and information on infant and childhood vaccines from ECHD nurses.

"The Community Baby Shower, with its 'Growing Together' theme, is a beautiful example of our community coming together to support new and expecting parents," said Linda Beers, Public Health Director for the Essex County Health Department (ECHD). "This event is about connecting families with local resources, from car seat safety to vaccine information, ensuring they have a healthy and supported start to their parenting journey. The overwhelming success of this event shows how much our community values and cares for its newest members."

ECHD also highlighted its "Baby Steps to Bright Futures Universal Newborn Home Visiting" program, which launched in August 2023. This voluntary program offers three home visits and one phone visit from a health educator to provide support to all families with newborns during the first few weeks of life. Services include:

- Infant feeding and growth support
- Baby weight checks
- Safety and safe sleeping education
- Connections to community resources

The event was made possible by the generous support of key sponsors and the collaboration of numerous community partners.



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Participating Vendors & Community Partners:

Adirondack Community Action Program (ACAP)

BRIEF

Child Advocacy Center

Children's Services Prevent & WIC from ECHD

Clinton County Health Department

Essex County Dept of Social Services

Fidelis Care

Healthy Families North Country

Hudson Headwater Health Network

North Country Ministries

Safe Kids Adirondack

Upstate NY Poison Center

Donated Raffle Bundles Included:

Breastfeeding package

Child Passenger Safety

Infant Safety

Child Development

Nutrition package

Sponsors:

Quarry Garden

Healthy Families North Country



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Elizabethtown Community Hospital

Elizabethtown Thrift Shop

Sam's Photography

The Essex County Health Department extends a special thank you to all the community-based organizations that contributed and tabled at the event, making it a truly special day for all in attendance.

For more information on ECHD's "Baby Steps to Bright Futures" and other family health programs, please visit https://essexcountyny.gov/Health/familyhealth/#Family_Health_Copy_Newborn_Visit

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