

Health Insurance Resources:

- Enrollment Assistance Services (EASE)
 - 866-872-3740
- Southern Adirondack Independent Living (SAIL)
 - 518-792-3537
- Fidelis 888-FIDELIS (888-343-3547)
- NY State of Health Marketplace
 - 855-355-5777
- Medicaid 518-873-3450

Food Assistance Resources:

- SNAP (Supplemental Nutrition Assistance Program)
 - 518-873-3428
- Essex County WIC (Women Infants & Children)
 - 518-873-3560
- Food Pantries - Well Fed
 - Scan QR code for a map



In Case of EMERGENCY, Call 911

Dial 988 - Suicide & Crisis Lifeline

If you are experiencing a crisis, call one of the numbers below for **FREE & Confidential support 24/7:**

Essex County Mental Health Services
1-888-854-3773

Mental Health Association
24-hours Hope line
1-800-440-8074

Chemical Dependency & Gambling
1-877-8-HOPENY (1-877-846-7369)

SAMHSA's National Helpline,
1-800-662-HELP (4357)



Financial Assistance Resources:

- Temporary Assistance (DSS)
 - 518-873-3470
- Social Security Administration
 - 800-772-1213

Temporary Housing Assistance

- Adirondack Roots (previously HAPEC- Housing Assistance Program of Essex County)
 - 518-873-6888

Heating Resources:

- HEAP (Home Energy Assistance Program)
 - 518-873-3878 or (518) 873-3446

Children & Family Services

- ACAP 518-873-3207
- Families First 518-873-9544
- Family and Children Services
 - 518-873-3420
- Planned Parenthood 518-561-4430
- Office for the Aging 518-873-3695
- Adult Protective Services
 - 518-873-3550

Work Assistance & Independent Living

- One Work Source 518-873-3207
- North Country Center for Independence 518-563-9058
- Tri-Lakes Center for Independence
 - 518-891-5295
- Social Security Ticket to Work (Back to work while still receiving benefits)
 - 866-968-7842

Safety Resources

- Child Abuse Hotline
 - 800-342-3720
- Sexual Assault Services
 - 877-212-2323
- Stop Domestic Violence
 - 888-563-6904



www.facebook.com/EssexCountyPublicHealth
Essex County Health Department
(518) 873-3500

Updated: November 2023

RESOURCES IN ESSEX COUNTY



essexcountyny.gov/Health/echo/



Alliance for Positive Health provides FREE harm reduction supplies

518-563-2437

-Narcan

-Fentanyl & Xylazine test strips

-Hygiene supplies

-Syringe Exchange program

-Health testing

Harm Reduction Services are used to reduce the number of drug overdoses and prevent transmission of HIV, hepatitis C, and STIs. These services operate out of Plattsburgh and Glens Falls offices and serve Clinton, Franklin, Essex, Hamilton, Warren, and Washington counties.

Transportation

Essex County Public Bus route questions
800-914-9266
Medical transportation manager
866-753-4442

Mental Health Resources

- Essex County Mental Health 518-873-3670
- Mental Health Association-Westport
 - 518-962-2077
- Behavioral Health Services North (BHSN)
 - Queensbury 518-926-7200
 - Plattsburgh 518-563-8000
- Citizen Advocates
 - Saranac Lake 518-891-5535
 - Malone 518-481-8106
- The Prevention Team - Ticonderoga
 - 518-585-7424
- NAMI (Ntl Alliance on Mental Illness)
 - 518-561-2685

Ongoing Recovery Support

- Champlain Valley Family Center
 - Plattsburgh 518-561-8480
- Citizen Advocates
 - Saranac Lake 518-891-5535
 - Malone 518-481-8106
- Support Groups - NA Meetings
 - Addicted.org to find local meetings
- St. Joseph's - All locations (See Outpatient Services)
- OASAS - 24hr Hope Line
 - 877-8HOPENY (877-846-1963)
- Alliance for Positive Health 518-563-2437
- Sober Active Recovery Adirondacks (SARA)
 - 518-585-7424
- Substance Abuse & Mental Health Services Administration (SAMHSA)- Albany
 - Helpline for family members
 - 1-800-662-HELP